

Opioid Settlement Fund Application**OSF-36**

Submitted On: Jul 31, 2024

Applicant

 Nakia Austin
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Certification

**PLEASE CERTIFY THAT YOU HAVE REVIEWED THE
SCHEDULE A CORE STRATEGIES AND SCHEDULE B-
APPROVED USES**

Digital Signature

true

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[\(https://viewpointcloud.blob.core.windows.net/profile-pictures/Schedule_A-Core_Strategies_Mon_Mar_18_2024_14:56:43_GMT+0000_\(Coordinated_Universal_Time\).pdf\)](https://viewpointcloud.blob.core.windows.net/profile-pictures/Schedule_A-Core_Strategies_Mon_Mar_18_2024_14:56:43_GMT+0000_(Coordinated_Universal_Time).pdf)

Contact Information**Organization Name****The Healing House, Inc.****Address****PO Box 782 St. Albans, WV 25177****Website (if applicable)****thehealinghouseinc.org****Phone Number****681-205-8661****Email Address****nakia.austin@thehealinghouseinc.org****Tax ID Type****TIN****Tax ID Number****xxx-xx-7387****Project Summary**

Please provide a narrative overview or summary of your proposal, including but not limited to the following:

1. Brief description of the proposal

As West Virginia's only holistic Licensed Behavioral Health Center (LBHC), The Healing House works with women recovering from addiction and trauma. Through the work these funds will support, we will provide up to 75 women in a year with therapeutic services and case management to help them maintain recovery, improve their mental health, and address issues from being unemployed to under-employed. We offer workforce development alongside life skills classes that cover everything from parenting to financial literacy. We also connect our participants with a wide range of partners that assist with Peer Recovery Support Services to utility restoration. This year, and with support from these funds, we are also opening a transitional living facility for women 18-24 years of age, providing much-needed support for those aging out of foster care or in need of some support while they find jobs, build skills, and prepare for independent living.

2. Purpose and key anticipated outcomes

The purpose of The Healing House's (THH) proposed work is to help women in recovery from trauma and SUD and prevent SUD by providing access to mental health, behavioral health, and wrap-around services while breaking down the barriers to those efforts like cost, access, and transportation.

1. Outcome: 100% of participants will have improved access to mental healthcare.

Activity: For the monthly fee, all participants will have access to therapy and will attend sessions with counselors, therapists, psychiatrists, and peer recovery coaches if they have been in recovery for less than five years.

Measure: Participant attendance at these sessions is tracked through Theranest, a therapy platform for scheduling, creating, and tracking treatment plans.

2. Outcome: 100% of Participants will have increased opportunities for workforce development.

Activity: The Case Manager will inform participants of education opportunities through partnerships and in-house workforce development training that will occur in four cohorts per year as well as any additional opportunities. Participants can build their utilization of workforce development services into the treatment plan made with their case manager.

Measure: Intake forms will show the number of participants. Upon intake, all participants become eligible for workforce development and are informed at their initial meeting of the opportunities available through THH.

3. Outcome: 75% of participants will experience improved mental health, self-worth, or self-efficacy.

Activity: Therapy participation.

Measure: Mental Health Inventory given at every provider session and documented during charting.

3. Individuals or communities served

The Healing House (THH) is focused on women in Kanawha County who are underserved, with most struggling with poverty: 71.9% earn less than \$20,000 per year, 45.6% have previously been incarcerated, and 23.6% have been convicted of a felony. Nearly 44% of our patient population is currently in recovery and struggling with poverty, trauma, and the barriers to success that come with the stigma of previous incarceration. 73.7% of these women also have children, and 24.6% self-identify as having some form of disability.

Additionally, our current client population self-identifies as 40.4% African American, 7% as two or more races, and 52.6% as White. Fourteen percent are part of the LGBTQ+ community.

4. Amount of funding requested

100000

5. Amount of any bids or cost estimates received to date, if applicable

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6. Amount of matching funds raised or committed by your organization

61531

7. Source of matching funds raised or committed by your organization

Enterprise Holdings - \$3,500; Toyota Motor Company - \$18,000; Pallottine Foundation - \$20,031; TC Energy - \$20,000

8. How Opioid Settlement funds, if awarded, will be used

The requested funds, if awarded, will be utilized to support therapeutic and case management services provided by The Healing House's Elevate program and the residential transitional living at Genesis House. Elevate is THH's foundational outpatient program for women aged 18+. Genesis House is a new live-in program for women 18-24 that will provide residence, for a nominal fee, including group sessions through Libera, and participation in all Elevate services, including therapeutic and behavioral health services.

9. Which Core Strategies or approved uses will be met

The Healing House services will meet three Core Strategies: B.4. Treatment and Recovery Support Services, E.4 Expansion of Warm Hand-Off Programs and Recovery Services, and G.5 Prevention Programs.

B.4 Treatment and Recovery Services will be provided at The Healing House, West Virginia's only holistic Licensed Behavioral Health Center, through outpatient therapy made available to both outpatient participants and those living in our residential facility. Genesis House residents and Elevate participants will also have access to workforce and life skills

development, including parenting classes and financial literacy classes that help them integrate into society and mitigate many of the identified stressors for relapse.

Those living in Genesis House will be permitted to utilize recovery services, including Medically Assisted Treatment (MAT); though The Healing House does not offer recovery services beyond therapy directly, we can and will connect participants to appropriate services through the American Jobs Center (AJC). AJC then takes care of the cost of Peer Recovery Support Specialists.

Substance use and trauma are intertwined; trauma can be a catalyst for use, and use can be the avenue to exposure to more traumatic events¹ making recovery seem intractable. However, 75% of those reporting ever having Substance Use Disorder (SUD) are now living in recovery², showing that, with the right support, participants can thrive. That support extends beyond overcoming addiction or treating mental illness; THH also treats the risk factors for relapse. Relapse risk factors include exposure to triggers, stress, interpersonal problems, and lack of social support³.

E. 4 Expansion of Warm Hand-Off Programs and Recovery Services A key component of The Healing House's work is providing and connecting participants to wrap-around services. While we offer a great deal of support in-house, including workforce development in the form of everything from resume help and a clothing closet to interview practice, we also connect our clients to our partners. These partnerships include schools like BridgeValley Community and Technical College to further education and broaden career prospects; the American Job Center (AJC) of Kanawha County, which can support participants in recovery by connecting them to Peer Recovery Coaches; and KISRA, which will help our clients with a variety of issues including utility restoration.

G.5 Prevention Programs The Healing House's driving action is embodied in G5 as our daily work is to "connect at-risk individuals to behavioral health services and supports." We make our services accessible by providing a fee scale that includes services at no cost and billing Medicaid, Medicare, and private insurance.

SAMHSA states that SUD risk factors happen 1) in relationships—parents with SUD and experiencing abuse, maltreatment, or neglect as a child, 2) in communities—violence and poverty in an individual's neighborhood, and 3) in society—where it is normal to use substances and racism and lack of economic opportunity⁴. These are categorized similarly as Social Determinants of Health (SDoH). The Healing House addresses risk factors, and consequently SDoH, in all three categories. We help parents maintain sobriety and offer parenting classes to create preventative protective factors for their children; we offer accessible and affordable therapy as well as workforce development and re-entry support to help our clients and their families better manage their living situation and lift themselves out of poverty; and we create a community built on connection, understanding, and support that normalizes health and recovery without stigmatizing individuals.

Our parent participants are also able to attend parenting classes as we aim to turn our participants into protective factors for their children, helping them become the parents they perhaps did not have—parents who are involved and are positive examples, providing adequate supervision and a safe space regardless of the outside environment.

Additionally, we are in the process of finalizing partnerships with the Children's Home Society, Necco, and Kanawha County Schools to provide prevention services to youth.

Citations

1. International Society for Traumatic Stress Studies. (n.d.). **Traumatic Stress and Substance Abuse Problems.** Oakbrook Terrace, Illinois. https://istss.org/ISTSS_Main/media/Documents/ISTSS_TraumaStressandSubstanceAbuseProb_English_FNL.pdf (https://istss.org/ISTSS_Main/media/Documents/ISTSS_TraumaStressandSubstanceAbuseProb_English_FNL.pdf)
2. Jones, C. M., Noonan, R. K., & Compton, W. M. (2020, July 12). *Prevalence and correlates of ever having a substance use problem and substance use recovery status among adults in the United States, 2018*. Science Direct: Drug and Alcohol Dependence.

3. American Addiction Centers. (2023, March 30). *Addiction relapse: Risk factors, coping & treatment options*. American Addiction Centers: Treat Drug Relapse. <https://americanaddictioncenters.org/treat-drug-relapse> (<https://americanaddictioncenters.org/treat-drug-relapse>)
4. Substance Abuse and Mental Health Services Administration (SAMHSA). (n.d.). *Risk and protective factors - SAMHSA*. Substance Abuse and Mental Health Services Administration: Files: Risks and protective Factors. <https://www.samhsa.gov/sites/default/files/20190718-samhsa-risk-protective-factors.pdf> (<https://www.samhsa.gov/sites/default/files/20190718-samhsa-risk-protective-factors.pdf>)

10. How long it will take you to complete the project if awarded funding

The Healing House's programs are ongoing, but award funds will be utilized within 12 months of receiving funds.

Proposal Details

1. Please describe the problem or need which your project seeks to address

Kanawha County has been particularly hard-hit by the opioid crisis, largely due to the widespread availability of prescription opioids in the early 2000s. Pharmaceutical companies aggressively marketed these drugs, leading to high prescription rates and, subsequently, increased rates of addiction. According to the WV Office of Drug Control Policy, in 2021, 221 drug overdose fatalities occurred in Kanawha County. Emergency response rate data indicates that emergency medical professionals responded to 1,303 suspected overdoses during the same year. Despite ongoing efforts to address the opioid crisis, challenges remain. In 2022, U.S. News and World Report placed Kanawha County as the 7th worst county for mental health in the country. There is an increasing demand for peer recovery support specialists to help those struggling with addiction navigate their recovery journeys. Access to mental health and addiction services is an especially limited resource for women in Kanawha County, who often face unique barriers such as childcare and stigma. Treatment and recovery support is crucial for the overall well-being of the community and for helping individuals regain their independence and improve their quality of life.

The Healing House seeks to address the opioid crisis in Kanawha County by providing increased access to behavioral health services and wraparound support for participants in the outpatient Elevate program and individuals in the residential transitional living at Genesis House. In the recovery world, the phrase "The opposite of addiction is connection" is often used to remind us that protective factors against use and relapse come down to having strong supports and relationships; THH is itself both a community that fosters connection and health and helps connect our clients with their greater community, supports beyond what we can provide, and the skills to reconnect with family and friends.

By connecting those with less than five years of recovery with a Peer Recovery Support Specialists (PRSS), we hope to ensure their ongoing sobriety. PRSS fosters a sense of trust and relatability through their shared experiences. This creates an environment where participants feel safe and understood, enabling them to address their struggles and pursue recovery more effectively. We offer comprehensive behavioral health services to address the underlying issues that lead adults to use, and by addressing this in parents, we are able to create protective factors for the next generation. We also have parenting and life skills classes to ensure they can create and maintain healthy relationships with family, friends, and their own children. We also help families increase the stability in their lives by connecting them to better jobs and assisting them with all aspects of changing their employment or re-entering the workforce. We offer many services in-house but also rely on partners to ensure our clients have every need met in order to thrive. As the community grapples with the profound impacts of addiction and overdose, initiatives like The Healing House are vital in bridging the gaps in support and services available to those in need.

Citation

WV Office of Drug Control Policy & WV Department of Human Services. (2024). *Data Dashboard*. WV Office of Drug Control Policy Data Dashboard. <https://dhhr.wv.gov/office-of-drug-control-policy/datadashboard/Pages/default.aspx> (<https://dhhr.wv.gov/office-of-drug-control-policy/datadashboard/Pages/default.aspx>)

2. Please provide the details regarding the design and strategy of your proposal

The Healing House, from inception, was designed to provide a one-stop shop for behavioral health and wrap-around services for women experiencing trauma and recovering from SUD in Kanawha County, WV. By providing women with access to behavioral health care, one of the key Social Determinants of Health, we see entire families change their circumstances and trajectory.

When participants enroll in any of The Healing House offerings, they become Elevate Participants. The Elevate program, for which we are seeking support, offers comprehensive services to women recovering from addiction and healing from trauma; services include counseling, peer recovery coaching, workforce readiness training, post-secondary education development, child care, parenting skills, life skills, including financial literacy, health and wellness classes, and housing placement assistance.

Elevate helps participants recover and mitigate stressors that lead to relapse or the perpetuation of generational trauma. Elevate also helps participants break the cycle for their children through recovery services—according to the American Addiction Centers, parental use is a risk factor for developing SUD—and by offering parenting and financial literacy classes.

Each participant receives an individualized treatment plan, lasting at least 90 days, with goals for therapy, recovery, or improving their life. Every 90 days, participants revisit the process. Participants create life goals with their case managers, therapy goals with their therapist, and sobriety goals (if there is a history of SUD) with their Peer Recovery Support Specialists we connect them to through the American Jobs Center. For example, a participant might work with her case manager to find housing, which could include obtaining a HUD voucher. As this process may take longer than 90 days, it may roll into the treatment plan for the next 90 days. Alternatively, goals may stack, building on each small success to a greater one (e.g., getting a job leads to saving money, which leads to repairing credit). Each week, participants have Accountability Checks, which allow them to identify challenges or adjust their steps to achieve their goals. Completing 180 days of treatment plans culminates in a “mini graduation” celebration, though some participants continue in our services as part of maintaining their recovery progress and continuing to grow.

Citation

American Addiction Centers. (2023, March 30). *Addiction relapse: Risk factors, coping & treatment options*. American Addiction Centers: Treat Drug Relapse.

DOI: 10.1097/YCO.000000000000042. <https://americanaddictioncenters.org/treat-drug-relapse>
(<https://americanaddictioncenters.org/treat-drug-relapse>)

3. Please provide your project timeline

The funds requested are to support the ongoing work of The Healing House as we provide recovery and preventative services. All funds will be utilized within a year of receipt.

Most participants complete at least three Treatment Plans, each lasting 90 days. After 180 days and the completion of three plans, participants have a “mini-graduation,” though many stay on with The Healing House for ongoing support, including therapy and additional treatment plans. On average, THH participants are seen for 4.5 months. During this time period, they are seen weekly by each member of their support team, which, with a coach and a therapist, averages roughly 36 visits. Sessions average 50 to 75 minutes.

4. Please provide your project's total proposed budget.**BUDGET****\$75,000 THERAPY/BEHAVIORAL HEALTH/CASE MANAGEMENT SESSIONS**

\$75,000 of the \$100,000 ask will support Elevate-provided therapeutic and behavioral health services and/or case management.

\$74,000 Therapy and/or Case Management

Therapy and Case Management are billed at \$60/hour. Case management includes sessions with coaches who help participants make plans for meeting life goals like getting a job, paying down debt, and moving into a new home. For one treatment plan, which is three (3) months of treatment or 12 sessions, the cost is \$720. $\$74,000 / \$60 \text{ per hour} = 1,233$ one-

hour sessions or 102 treatment plans. If the average participant completes three (3) treatment plans of 12 hours, these funds will support approximately 34 individuals.

\$1,000 Therapeutic/Case Management Supplies

Additionally, therapists and case managers will be given \$250 a piece from requested funds to purchase supplies such as workbooks and journals. $\$250 \times 4 \text{ therapists/case managers} = \$1,000$.

\$25,000 GENESIS HOUSE RESIDENTIAL SERVICES

\$25,000 of the \$100,000 funding request will go directly towards Genesis House, defraying the cost of food, hygiene products, utilities, and other needs that may arise for supporting the residential services.

According to HUD's Office of Policy Development and Research (PD&R), the Fair Market Rent for Efficiency in Kanawha County, where Genesis House is located, is \$688 which is over the \$600 fee Genesis House residents are expected to contribute monthly. At no additional cost, Genesis House residents are provided with food (in 2021, the USDA estimated food costs for a single adult to be \$388 minimum), hygiene items, group sessions, and all Elevate services from therapy to workforce development.

\$25,000 will supplement the costs of the transitional living program for six months. $\$388 \text{ food/ month} \times 8 \text{ residents} = \$3,104/\text{month} \times 6 \text{ months} = \$18,624$. The additional \$6,376 will go to utilities, hygiene items, and replacing household items as needed.

Citations

1. HUD Economic and Market Analysis Division. (n.d.). *FY 2024 Fair Market Rent Documentation System*. FY 2024 Fair Market Rent Documentation System - Calculation

for. https://www.huduser.gov/portal/datasets/fmr/fmrs/FY2024_code/2024summary.odn
(https://www.huduser.gov/portal/datasets/fmr/fmrs/FY2024_code/2024summary.odn)

2. United Way of West Virginia. (2023). *ALICE in the Cross Currents: COVID AND FINANCIAL HARDSHIP IN WEST VIRGINIA*. United Way of the Eastern

Panhandle. https://www.uwayep.org/sites/uwayep/files/21UW_ALICE_Report_WV-FINAL-11-11-21.pdf
(https://www.uwayep.org/sites/uwayep/files/21UW_ALICE_Report_WV-FINAL-11-11-21.pdf)

5. Please list any partners in this proposal, and the partner's role and your relationship with them.

THH has a Memorandum of Understanding with each of the following community partners.

BridgeValley Community and Technical College (BVCTC) is an important program partner that is essential to workforce development efforts. A representative travels to our site to assist THH clients with completing financial aid forms and enrollment applications. BVCTC offers certification in trades and nontraditional coursework along with GED classes; this collection meets our participants where they are and lays a foundation on which they can continue to build their skills and, thus, their earning potential.

The Marshall Minority Health Institute, housed under Marshall University, provides health clinics to our participants and the communities in which we work. In July, they partnered with us and a local church to offer an immunization clinic, including coronavirus vaccines.

City National Bank offers financial literacy courses to our participants and works one-on-one with individuals to improve their financial literacy. They provide the required financial literacy classes for participants receiving financial aid in partial payment or a scholarship to our program.

Libera, Inc. is a new partner that will offer group sessions to the participants at Genesis House. Libera provides evidence-based curricula for listening groups designed to help young women tell their stories and advocate for themselves while building their self-efficacy. They will help THH build the culture and climate of Genesis House by providing listening groups and skill-building sessions to help residents learn to communicate effectively among their peers as well as to articulate their needs in any situation.

KISRA (The Kanawha Institute for Research and Action) has existed for 30 years, working with families in the community with a specific focus on Health, Employment, Assets, and Learning (HEAL). THH will provide outpatient therapy, life skills, and workforce development for KISRA participants, and they, in turn, will help provide THH participants with emergency services like utility restoration.

EnAct Community Action is one of sixteen community action agencies in West Virginia. They are designated by the Governor to provide services to low-income families and communities. They serve a five-county area: Kanawha (where THH is located), Boone, Fayette, Clay, and Putnam. They combat poverty in geographically designated areas. EnAct will refer participants to THH for mental health restoration and other services, and THH will utilize EnAct as a provider of wraparound services like vehicle repairs; the two organizations will further collaborate on workforce development with THH providing skills and EnAct able to offer employment materials and supplies, like scrubs or work boots, to participants.

6. Please identify the anticipated leadership of the proposal and upload/attach their resume(s) or CVs

Nakia Austin, MA LPC

Co-Founder & CEO

(Please see attached CV)

7. Please describe your plan for sustainability of the project or initiative after the grant award has been exhausted

Sustainability is a key concern and practice of The Healing House. First, participant enrollment costs do help pay for program costs. When we are unable to cover expenses with grant funds, we will ask for an "investment fee" that is income-based. THH also bills Medicaid, individual Managed Care Organizations administering Medicaid (e.g., The Health Plan, Unicare, and Aetna Better Health of West Virginia, Medicare private insurance including Blue Cross Blue Shield, Cigna, and UMR. Some clients have insurance we do not accept and will pay out of pocket and work on recovering any funds from their insurance independently.

Like most nonprofits, THH also relies on grants and donors. To that end, we will continue to apply for funding opportunities across multiple organizations, utilizing free grant services like the West Virginia Grant Resource Centers, and host fundraising events like our Beats, Blues, and BBQ, which we last held on September 23, 2023, raising \$32,000 through sponsorships and ticket sales.

Organization Information

1. Please provide your organization's mission statement.

To create a safe environment for women that promotes healing, development, transformation, and growth in all areas.

2. Describe the history of your organization, tell us about your current programs and activities

History: The Healing House (THH), Inc., founded in 2020, has provided behavioral health and support services to women since 2022. We have won and managed grants of at least \$150,000 and managed multiple awards at a time. In 2024, we became a Licensed Behavioral Health Center. Since opening, we have built community partnerships that we continue to expand, responded to participant needs by expanding programs and support, and are now opening Genesis House, our residential transitional programming.

The Healing House is uniquely situated to address the complex needs of the community because it is a one-stop holistic Licensed Behavioral Health Center built specifically to reduce barriers to care and adapt in response to the needs of the community we serve. The Healing House is a community-based and community-led organization founded by a Black Woman, with a diverse staff that mirrors our diverse client population. We not only listen to our clients to understand their needs and adapt programming to those needs but have experienced many of the same things. In fact, The Healing House was conceived by founder Nakia Austin MA LPC, to fill a gap she experienced during a difficult time in her own life. Over the last several years, we have developed partnerships in the community, including recently formalizing a partnership with Libera, another holistic program focused on supporting women and teens that will be providing group sessions at Genesis House; we are also in the process of completing an MOU with Kanawha County Schools and collaboration with Children's Home Society.

Since opening, we have curated a sense of trust and a reputation for being a place of understanding and empathy. In fact, there is an overriding message that Amanda, a participant turned employee at THH, says of her recovery journey in the program, and that is echoed by all other participants: The Healing House is different because it is "Caring, loving, and involved." (<https://youtu.be/AMygdeWd-gQ?si=M0si1BKNkNR5c4qa>)

Current Programs: As the only holistic behavioral health center in West Virginia, The Healing House is uniquely suited to helping women with barriers thrive. The Healing House has two key programs, Elevate and Genesis House. Elevate is an outpatient program for women 18+. Elevate is a full-service program that offers behavioral health services, 21st Century Workforce Development, and Life Skills, including parenting, child care, and financial literacy courses. We also provide access to basic hygiene items, a clothes closet, and assistance with any barriers to thriving including securing housing. We connect participants to partners who also offer information and opportunities to attend community college or earn professional certifications, assist with utility restoration, and other wrap-around support.

We have a variety of fee arrangements, including completely free ones for those who need them, in order to make our services accessible. Participants on partial payment or scholarship are required to take financial literacy courses. Program partners can utilize our physical space for participant appointments, minimizing travel and appointment days.

Genesis House is a new transitional living program for women 18-24. Genesis House is located on the West Side of Charleston and will see its first residents by the end of 2024. In addition to enrolling in Elevate and having access to all Elevate programs, including therapy and access to our partners, Genesis House participants will have additional group sessions provided by Libera, and the home will be completely outfitted by The Healing House, including hygiene items, bed sheets, and cleaning items. Genesis House residents will pay \$600 a month and have all their needs, from food to hygiene items to utilities and housing, met. Their fees support the residential program and services they receive but do not cover the full cost.

Activities: Additionally, The Healing House participates in community events such as "Girl Ya'll Good," a health and wellness event hosted by THH with approximately 50 vendors from every sector of health and wellness. Vendors include yoga, mental health organizations, fitness instructors, HIV testing, as well as COVID and Hepatitis Screenings. We also provided fresh food and had youth activities. The goal of the program is to highlight wellness on Charleston's West Side. In past years, we have had nearly 300 attendees.

We also participate in other community events, such as health and wellness events and community wellness fairs. Spring is our busiest time for such activities, which provides an opportunity to make the community aware of our offerings. Most recently, we participated in "Prepped and Polished," a community event held in St. Albans on July 11, 2024. We scheduled twenty new participants onsite.

3. List any federal, state, local or private grant awards or funding received in the last three years and the current status of those funds. If your organization has previously received funds from Kanawha County, please list the amount, nature of the project(s) and current status of the funding and project(s).

2021:

Toyota—\$4,000 - 2021 - Therapy

TC Energy—\$13,000 - 2021 - Office supplies, furniture, case management

2022:

CEG—\$15,000 - 2022 - Community events

Marshall Minority Health—\$5,000 - 2022 - Holiday Hangout + Fall Festival

Walmart—\$500 - 2022

The Greater Kanawha Valley Foundation—\$5,000 - 2022 - Community outreach and therapy

Pallottine Foundation—\$7,500 - May 2022 - Kingery strategic plan

WVHEAT—\$10,000 - June 2022 - Health disparities for racial and ethnic minorities and/or LGBTQ+

ARPA—\$150,000 - June 2022 - Elevate (\$115,000 program expenses, \$22,040 recruitment and retention, \$12,960 program evaluation)

American Water—\$1,000 - November 2022 - Operations

Enterprise Holdings—\$4,000 - December 2022 - Case management, marketing, computer, printer, laptops

Enterprise Holdings—\$3,000 - December 2022 - Operations

2023:

African American Philanthropy in Action—\$5,000 - January 2023 - Operations
WV Community Development Hub—\$5,000 - January 2023 - Operations
CC Dickinson—\$10,000 - January 2023 - Elevate (Outpatient Services)
CAMC—\$2,000 - February 2023 - Operations
UMF of WV—\$10,000 - March 2023 - Elevate (\$3,000 case management, curriculum \$1,000, \$3,000 therapy, \$1,000 counseling, \$2,000 recruitment meetings)
Pallottine Foundation—\$15,661.50 - May 2023 - Elevate (\$9,000 for personal hygiene, \$6,000 for transportation, \$661.50 for re-entry houseware kits)
Walmart—\$500 - June 2023 - Operations
American Water—\$1,000 - December 2023 - Operations
Bowles Rice—\$1,000 - December 2023 - Operations
CC Dickinson—\$40,000 - December 2023 - Genesis (Transitional Living)

2024:

Enterprise Mobility—\$3,500 - April 2024 - Operations
Pallottine Foundation—\$20,031.25 - May 2024 - Elevate, Genesis, Minority Impact Initiative
TC Energy—\$20,000 - July 2024 - Genesis (Transitional Living)

4. Please list your Owner(s), Board of Directors, senior staff members, or other key members of your organization:

Staff: The Healing House has five full-time and two contracted staff. Our staff is itself diverse. Founded by an African American woman who still serves as the CEO, our community of participants can see themselves in us and know we have shared experiences. Three additional staff members are African American, and two are part of the LGBTQ+ community. All staff are highly qualified. *Please see the *Credential Key* at the bottom of this section for full details.

Michelle Smith, MA LPC ALPS, Clinical Supervisor/Therapist
Nakia Austin, MA LPC, Executive Director
Becca Jackson, BSW, Case Manager/Personalized Achievement Coach
Ashlee Vandruff, MA, Provisionally Licensed Counselor
Keisha Barron-Brown, MA, Contracted Counselor
Theresa Galloway, Assistant Director

Board of Directors: Our Board of Directors provides us with additional capacity. Two Board of Director members are attorneys, Gabe Wohl and Angela Beblo, who lend legal advice if and when applicable. Additionally, Board Members offer expertise in the medical field, counseling, and social work: Jerica Wesley, LPC ALPS; Michele Roach, PA-C; and Kim Legg, MSW. The additional expertise helps ensure The Healing House is providing appropriate professional services and is another avenue of insight, alongside surveying participants, into what our participant population may be experiencing and what needs gaps exist in this field in Charleston and surrounding areas.

***Credential Key:**

MA = Master of Arts
LPC = Licensed Professional Counselor
BSW = Bachelor of Social Work
LPC ALPS = Licensed Professional Counselor Approved Licensed Professional Supervisor
PA-C = Physician Assistant-Certified
MSW = Master of Social Work

5. Please list the staff involved with this project and describe their roles and responsibilities:

Nakia Austin, MA LPC, Executive Director—Nakia provides general oversight of the The Healing House (THH), ensuring clinical compliance and overall organizational health.

Michelle Smith, MA LPC ALPS, Clinical Supervisor/Therapist—Michelle supervises all practicing counselors at THH to ensure clinical competence and compliance. She also provides therapy services to THH participants.

Ashlee Vandruff, MA, Provisionally Licensed Counselor—Ashlee provides treatment planning and therapy services to THH participants. She provides crisis intervention and group counseling services.

Keisha Barron-Brown, MA, Contracted Counselor—Keisha provides treatment planning, therapy services, and crisis intervention to THH participants.

Becca Jackson, BSW, Case Manager/Personalized Achievement Coach—Becca provides ongoing supportive services to THH participants, including referrals and connections to outside services for additional support that may be needed.

6. Please upload/attach the following financial documents, if applicable:

Cash flow statement for applicant's most recent fiscal year

3636

Two years of audited financial statements

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Current operating budget

3635

If the applicant has not been audited, please include an unaudited balance sheet and income statement as prepared by the applicant

3640

7. If you have made an application for funding for this project from other sources (city, state, private or non-profit organizations) please list the same here.

Kanawha Valley Council of Philanthropy (KVCOP)

Senator Manchin and Senator Capito Congressionally Directed Spending (CDS) Requests

8. Please describe three significant accomplishments of your organization within the last three years

1) Recently, The Healing House became a Licensed Behavioral Health Center (BHC), making it the only Holistic Licensed BHC in WV.

2) In our first two years of service, we have served nearly 500 women.

3) In the last year, we have significantly diversified our clients from being heavily reliant on an outside residential service to most of our clients being community-based and largely located in Charleston, West Virginia.

Supplementary Information

1. Please enter contact information (name, email, and phone) for at least one third-party reference.

Jennifer Pharr

jenpharr27@gmail.com (mailto:jenpharr27@gmail.com)

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2. Please include any supplementary information or documentation (such as letters of support, newspaper articles, etc) which you feel will be essential to the County's review.

3669